

# Are You Preparing for a New Dental Patient Visit?

## Checklist to Partner with Your Dentist:

- I know if the dentist is in network with my insurance.
- I have confirmed what will be done at my first visit.
- I will request my previous x-rays and send ahead of time.
- I can provide contact information for my previous dentist(s).
- I will bring an updated medication list to my visit.
- Have you ever had a joint replacement?
- Do you use blood thinners or aspirin?
- I use or have used tobacco or alcohol.
- I have had a previous bad dental experience.
- I am especially nervous or anxious during dental visits.
- I gag easily or have a hard time with taking x-rays.
- I would like to have pre-treatment estimates.
- I would like to discuss your office policies.
- I have special requests such as a back pillow, listening to music or other. (Please list below)



Write any other questions that you want to ask your dental team:

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## Our goal

is to provide the best patient-centered care. You can help by making sure that we discuss questions about your procedure. Here are some questions to get you started.



You can get more questions specifically designed for before and after your procedure at [www.doctella.com](http://www.doctella.com)

Or download the Doctella App from iTunes.



Created by experts from Johns Hopkins Medicine and others